

## **Learner Guide**

**White Card Course** 

**CPCWHS1001** – Prepare to work Safely in the construction industry

Victoria

## Introduction

This course is based on the National Unit of Competency **CPCWHS1001 Prepare to Work Safely in the Construction Industry.** 

The unit relates directly to the general induction training program specified by the National Code of Practice for Induction Training for Construction Work (ASCC 2006).

This course covers the general OHS induction information you require to work on a construction site in Australia.

You will learn about:

- Occupational Health and Safety responsibilities.
- Identifying and managing construction hazards and risks.
- Responding to accidents and incidents.



## What is Construction Work?

The National Code of Practice for Induction for Construction Work defines construction work as:

"Any work on or in the vicinity of a construction site carried out in connection with the construction, alteration, conversion, fitting out, commissioning, renovation, repair, maintenance, de-commissioning, demolition or dismantling of any structure, and includes:

- The demolition or dismantling of a structure, or part of a structure, and the removal from the construction site of any product or waste resulting from the demolition or dismantling
- The assembly of prefabricated elements to form a structure or the disassembly of prefabricated elements, which, immediately before such disassembly, formed a structure
- Any work in connection with any excavation, landscaping, preparatory work, or site preparation carried out for the purpose of any work referred to in this definition, and
- Any work referred to in this definition carried out under water, including work on buoys, obstructions to navigation, rafts, ships, and wrecks.

It does not include the exploration for or extraction of mineral resources or preparatory work relating to the extraction carried out at a place where such exploration or extraction is carried out."

## **OHS Requirements**

OHS legislation, primarily defined by the Occupational Health and Safety Act 2004, sets out duties for employers, employees, and other parties to ensure a safe and healthy workplace.

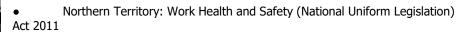
Law or Guideline	Description
Acts	Laws to protect the health, safety and welfare of people at work.
Regulations	Gives more details or information on particular parts of the Act.
Codes of Practice/ Compliance Codes	Are practical instructions on how to meet the terms of the Law.
Australian Standards	Give you the minimum levels of performance or quality for a hazard, work process or product.

Specific health and safety requirements will depend on where you are working. The following is a list of the current health and safety laws in each state and territory of Australia:



Australian Capital Territory: Work Health and Safety Act 2011

New South Wales: Work Health and Safety Act 2011





Queensland: Work Health and Safety Act 2011

South Australia: Work Health and Safety Act 2012

• Tasmania: Work Health and Safety Act 2012

Victoria: Occupational Health and Safety Act 2004
 Occupational Health and Safety Regulations 2017

Western Australia: Work Health and Safety Act 2020

The following key elements of the OHS legislation will impact the way you do your job, and the responsibilities of your workplace. Duties

- There is a primary duty of care requiring employers Sometimes referred to as a PCUB (Persons Conducting or Undertaking a Business) to ensure the health and safety of workers and others affected by the work.
- **2.** Representatives of the employer are responsible for ensuring compliance with OHS requirements.
- **3.** Workers conduct themselves in a way that does not negatively impact on the health and safety of themselves or others.



## **National Code of Practice for Induction for Construction Work**

The National Code of Practice for Induction for Construction Work (2007) provides guidance to general and residential construction workers on the types of induction to provide an awareness and understanding of common construction workplace hazards and how they should be managed.

The code of practice outlines the requirements of induction training across 3 different areas:

- **General** Safety training used to provide basic knowledge of OHS legislative requirements and risk management processes in the construction industry.
- Site This training occurs when you arrive at a site and provides information about specific OHS issues or requirements for that particular site (or part of that site).
- Task-specific This induction provides information relating to OHS issues for a specific work activity.

The purpose of these training materials is to meet the requirements of **General Induction Training**.





## Who does General Induction Training apply to?

The code of practice recommends general induction training for the following people, occupations and tasks:



- Casual, part-time or labour-hire persons performing construction work.
- Owners carrying out construction work.
- Installation of joinery, pre-cast concrete panels, windows.
- Delivery drivers dropping off materials inside the construction zone.
- Engineers and surveyors who undertake preparatory site work.
- Cleaning and maintenance of structures under construction.
- Work experience students undertaking construction work.
- Traffic control for on-site construction work.
- Finishing and fit-out work such as painting, tiling, carpet laying, floor sanding.
- Landscaping.



## **OHS Duty of Care**



Both you and your employer have a legal responsibility to do everything reasonably practicable to protect yourself and others from harm in the workplace.

Duty of care applies to:

- Employers and self-employed persons.
- Persons in control of the worksite.
- Supervisors.
- Manufacturers and suppliers.
- Workers.
- Subcontractors and inspectors.



## **Rights and Responsibilities**

**Rights** are what I'm entitled to and supposed to get at work. For example, I have the right to have access to clean drinking water.

**Responsibilities** are duties or how I should work. For example, it is my own responsibility to arrive at work on time.

An employee's rights are often the employer's responsibility and vice-a-versa as shown by the arrows below.

	Responsibilities	Rights
	Taking reasonable care of yourself and others	Safe Workplace (Including PPE equipment, and safety procedures)
Fundame (Ven)	Not doing anything that would affect the health and safety of	2. Adequate facilities
Employee (You)	others at work	3. Instructions, Information, and Training
	Following any reasonable health and safety instructions from your employer	
	Safe workplace so far as reasonably possible	Employees follow directions and instructions
Employer (Your Boss)	Provide and Maintain tools and equipment	2. To be informed about hazards
	Inform workers of their Rights and Responsibilities	3. Expect employees to take reasonable care

Both you, and your employer and have rights and responsibilities under duty of care to do everything reasonably practicable to protect others from harm in the workplace.

## **Safe Work Practices**

Safe work practices are the actions that you take while at work to minimise the chance of causing harm to yourself, others or equipment.

It is your responsibility to make sure that you work in a safe way to avoid accidents.

Examples may include:

- Being provided clear work instructions, including the required PPE
- Access to site amenities
- Not using drug and alcohol at work
- Being appropriately trained/qualified
- Maintaining a clean worksite
- Smoking in designated areas away from flammable materials

## **Work Instruction**

You need to be clear about what work you will be doing. Make sure you have everything about the job written down before you start. This includes what you will be doing, how you will be doing it and what equipment you will be using.

Make sure you have all of the details about where you will be working. For example:

- **The Site** Is there clear access for all equipment? Are there buildings, structures, facilities or trees in the way? What are the ground conditions like?
- The Weather Is there wind, rain or other bad weather? Is it too dark?
- Facilities and Services Are there power lines or other overhead or underground services to think about?
- Traffic Are there people, vehicles or other equipment in the area that you need to think about? Do you need to get them moved out of the area? Do you need to set up barriers or signs?
- Hazards Are there dangerous materials to work around or think about? Will
  you be working close to power lines or other people?





You also need to make sure you have all of the details about the kind of work you will be doing:

- **The Task** What are you doing? How are you going to do it? Are there any special requirements?
- Plant What type of plant will be used? How big is it? How much room does it need?
- Attachments What equipment will you need? Is the equipment available?
- Communications How are you going to communicate with other workers?
- **Procedures and Rules** Do you need any special permits or licences? Are there site rules that affect the way you will do the work?

## **Access to Site Amenities such as Drinking Water and Toilets**

The employer must, provide and maintain for employees of the employer a working environment that is safe and without risk to health (OHS Act Vic 2004, Section 21 [2(d)]

This includes adequate amenities or facilities such as

- 1. Toilets
- 2. Clean drinking working
- 3. Hand washing facilities on site



There should be toilets and clean drinking water on site for you to use. It is your responsibility to make sure the toilet facilities are clean and hygienic.

It's important to have clean drinking water on site to keep yourself hydrated, especially if you are working outside in the sun. Dehydration can cause fatigue and make it harder for you to concentrate. Make sure you utilise the clean drinking water provided on site.

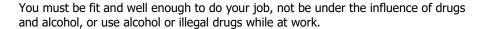
## **Drugs and Alcohol at Work**

Drugs and alcohol - including medicines prescribed by a doctor or available from a pharmacy can affect a person's ability to

- 1. Ability to concentrate
- 2. Ability to work safely

Drugs and alcohol can affect your ability to concentrate and work safely and can therefore be a danger to yourself and to those around you when working under the influence of drugs and alcohol.

You are a danger to yourself and to those around you when under the influence of drugs and alcohol.





# Plant and Equipment including Licencing, Competency and Refresher Training/ or a High-Risk (HRW) license



For some jobs in the construction industry, a High Risk licence is required to ensure they are carried out safely. These may include:

- Driving a forklift.
- Erecting scaffolding over 4 metres high.
- Dogging, rigging and directing cranes.
- Hoist and crane operation.
- Boom operations
- Elevated work platforms 11m and over
- Boiler operations



## Housekeeping and maintaining a clean site

Keep work area clean, tidy and free of debris

Clean up any rubbish you make as you work to help prevent tripping accidents, or accidents caused by flying debris.

## **Storing Materials and Equipment Properly**

Make sure all equipment and materials are stored properly and safely.

Stack materials neatly so that they don't fall out on the next person who tries to get to them.

Make sure all equipment is stored according to the manufacturer's instructions.



## **Correctly Storing and Removing Debris**

Dispose of any debris properly without impacting negatively on the environment. Make sure all materials are collected and removed properly.

Make sure all materials are collected and removed properly. Ensure any recyclable material is stored or recycled appropriately.

General rubbish needs to be disposed of according to organisational policies and procedures. This will help keep the work area clean and free of any potential accident or incident from occurring.

## **Preventing Bullying and Harassment**

All employers have the responsibility to make sure their employees, and people who apply for a job are treated fairly.

This responsibility is set out in federal and state anti-discrimination laws, as well as part of the *Fair Work Act 2009 (Cth)*. Taken together, they make certain types of workplace behaviour against the law.

As an employer, you need to prevent discrimination, harassment, or bullying from occurring in the workplace.

Employees have the right to report any incidents that occur where they feel they are being treated unfairly, discrimination against, bullied or harassed.

Bullying is not tolerated in any workplace.

If you are being bullied or see somebody else being bullied, you must report it.

**Brodie's Law** is an amendment to the Victorian Crimes Act 1958 which makes serious bullying an offence punishable by a maximum of 10 years' imprisonment. The law is named after Brodie Panlock, a 19 year old who committed suicide after being bullied at work.

Examples of Bullying and harassment

- Withholding information
- yelling, screaming or offensive language
- excluding or isolating employees
- psychological harassment and intimidation
- Harassment for racial, family, religion, cultural or sexual orientation differences

#### What is unlawful discrimination?

Discrimination occurs when a person, or group of people is treated less favourably than another person or group because of their background or certain characteristics.

Federal discrimination laws protect people from discrimination of the basis of their:

- race, including colour, national or ethnic origin or immigration status
- sex, pregnancy, marital status, and breastfeeding
- Age
- · Disability, or
- sexual orientation gender identity, and intersex status



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## **Smoking on Site**



Only smoke in designated areas on site. All construction sites should have designated smoking areas.

Smoking around flammable materials is extremely dangerous. Make sure you don't do it!

# 2 Identify construction hazards and risk control measures

## **Risk Management**

Before you start work, you need to check for any hazards or dangers in the area. If you find a hazard or danger you need to do something to control it. This will help to make the workplace safer.

Basic risk management process should follow these 5 steps:

- 1. Identify the hazard.
- 2. Assess the risk.
- 3. Consult and report your findings.
- 4. Control the hazard.
- **5.** Review the effectiveness of the control(s).



## **Identify Hazards**



Part of your job is to look around to see if you can find any hazards before you start any work.

A **hazard** is the thing or situation with the potential to cause injury, harm or damage.

A **risk** is the chance of a hazard causing harm or damage. Or the outcome or consequence.

When you start checking for hazards, make sure you look everywhere. A good way to do this is to check:

- Up high above your head.
- All around you at eye level.
- Down low on the ground (and also think about what is under the ground).

Some construction hazards you should check for in the work area:

Hazard	Definition	Example and Hazard Description
Asbestos	A group of naturally occurring fibrous minerals used in construction and other industries, which can cause serious respiratory illnesses when inhaled.	Cutting into an old homes wall sheets that are asbestos and breathing in the fibres. Breathing asbestos fibres can have serious lasting impact on health.
Confined Spaces	Areas that are not designed for continuous occupancy and have limited openings for entry and exit, posing special risks to workers.	Working in a sewer pit. Could suffocate or faint.
Chemical Spills	The accidental release of hazardous chemicals, which can pose risks to health, safety, and the environment.	Spilling fuel on the ground. Could cause fire and explosion, toxic atmosphere, burns, or uncontrolled reaction with other chemicals, or environmental contamination.
Electrical Hazards including Power Lines, Cords and Equipment	Risks associated with the use of electrical power, including shock, burns, and fire hazards from power lines, cords, and electrical equipment.	Using a working platform around powerlines and it connecting with the powerlines. Could be electrocuted.
Excavations, including Trenches	The process of digging into the ground, which can create risks such as caveins, falling materials, and hazardous atmospheres.	Digging a trench with an excavator. Could fall in, could collapse, could damage underground services.
Falling Objects	Objects that can fall from heights and pose a risk of injury to people below.	Working on a roof and using tools that could fall. Could cause damage to property or injury to personnel below when dropped.
Fire	Uncontrolled combustion causing heat, light, and smoke, which can result in injury, death, and property damage.	Welding a plumbing pipe. Could cause damage to property or injury to personnel.
Hazardous Substances and Dangerous Goods	Materials that pose a risk to health, safety, or property due to their chemical nature and physical properties.	Using heavy duty solvent. Exposure may cause injury through burns or ingestion
Liquids Under Pressure	Fluids contained in a system under pressure, which can cause injury or damage if released uncontrollably.	Plumbing water pipes. Could cause an explosion and injury if pressurised beyond the recommendation
Hazard	Definition	Example and Hazard Description
Hot and Cold Working Environments (Temperatures)	Environments where the temperature is significantly higher or lower than normal, potentially impacting worker comfort, performance, and safety.	Working in Cairns on construction sites in the middle of summer. Could cause dehydration/sunburn/collapse.
Manual Handling	The physical act of lifting, carrying, pushing, pulling, or moving objects by hand or bodily force.	Lifting a concrete bag. Could cause injury (strain).
Noise, Dust and Vapours	Environmental hazards in workplaces that include excessive sound levels (noise), fine particulate matter (dust), and harmful gases (vapours).	Cutting concrete with a concrete cuter. Could cause hearing, breathing or vision problems.
Plant and Equipment Operation	The movement and operation machinery within a worksite.	Operating a 20t excavator on site. Could be struck by or injured while using mobile equipment.
Traffic and Mobile Plant	The movement and operation of vehicles and mobile machinery within a worksite.	Working on a road that still has live traffic. Could be hit by moving vehicles.

Unplanned Collapse	The sudden and unexpected failure of structures or excavation sites	Working in an excavated trench. Could collapse on people in the trench causing suffocation or injury.
Ultraviolet (UV) Radiation	A type of electromagnetic radiation from the sun or artificial sources that can cause health issues with excessive exposure.	Working outside in the sun. Could cause sunburn.
Working at Heights including Scaffolding	Performing tasks at elevated positions with a risk of falling, often involving the use of scaffolding, ladders, or platforms	Working on a unit block roof. Could fall from height, objects could fall from heights.
Construction work that requires a high risk license	WorkSafe issues high risk work licences under the Occupational Health and Safety Regulations 2017. It a license that is required for certain skills that is issued and regulated by the state safety body	Examples of construction work that requires a high risk license can be found on page 7 (1.4.4) for examples and descriptions

## **Risk Management**

Risk analysis helps you to work out the 'risk level'. You can work out the risk level by looking at:

## Consequence

- What would be the outcome of the event occurring?
- How severe would the outcome be?

#### Likelihood

- What is the chance of the event occurring?
- Has the event happened before?
- Is it likely to happen again?

Consequences of the hazard are not limited to injury, but can include property damage, loss of production (downtime) and negative impact on the environment.

Here are some examples of consequences:

	Injury	Property Damage/ Production Loss	Environmental Impact
1. Insignificant	Minor or short term injury.	Low financial loss.	Limited damage to minimal area of low significance.
2. Minor	Reversible disability or impairment.	Medium financial loss.	Minor effects on biological or physical environment.
3. Moderate	Moderate irreversible disability.	High financial loss.	Moderate short term effects but not affecting eco-system.
4. Major	Single fatality.	Major financial loss.	Serious medium term environmental effects.
5. Catastrophic	Multiple fatality and/or significant irreversible effects.	Detrimental financial loss.	Serious long term environmental damage.

Likelihood is a factor that looks at how often an event is likely to happen. Here are some examples:

Frequency	Description
Rare	May only occur in exceptional circumstances.
Unlikely	The risk event could occur at some time (during a specified period), but it is unlikely.
Possible	Might happen at some time, occurrence would not be unusual.
Likely	Will probably occur in most circumstances.
Almost Certain	Is expected to occur in most circumstances.

You can use a risk matrix like the one shown here to work out the risk level:

			Consequence		
Likelihood	1. Insignificant	2. Minor First Aid Required	<b>3. Moderate</b> Medical Attention and Time Off Work	<b>4. Major</b> Long Term Illness or Serious Injury	5. Catastrophic Kill or Cause Permanent Disability or Illness
1. Rare	Low	Low	Moderate	Moderate	Moderate
2. Unlikely	Low	Low	Moderate	Moderate	High
3. Possible	Low	Moderate	High	High	Extreme
4. Likely	Moderate	Moderate	High	High	Extreme
5. Almost Certain	Moderate	High	High	Extreme	Extreme

For example, a hazard that has a **Major** consequence and is **Almost Certain** to occur has a risk level of **Extreme**.

			Consequence		
Likelihood	1. Insignificant	2. Minor First Aid Required	<b>3. Moderate</b> Medical Attention and Time Off Work	<b>4. Major</b> Long Term Illness or Serious Injury	5. Catastrophic Kill or Cause Permanent Disability or Illness
1. Rare	Low	Low	Moderate	Moderate	Moderate
2. Unlikely	Low	Low	Moderate	Moderate	High
3. Possible	Low	Moderate	High	High	Extreme
4. Likely	Moderate	Moderate	High	High	Extreme
5. Almost Certain	Moderate	High	High	Extreme	Extreme

The risk level will help you to work out what kind of action needs to be taken, and how soon you need to act.

Deciding whether a risk is acceptable or unacceptable may be different for each organisation. It will depend on the internal policy, goals and objectives of the organisation and relevant legislation.

Generally no level of risk is acceptable without some kind of intervention.

Extreme to moderate level risks must be dealt with before the work can begin.

The risk level can be used to decide the risk priority, showing which risk must be managed first in order to reduce the exposure to danger. Small or insignificant risks might be treated immediately where it would be relatively fast or inexpensive to do so.



The table below is an example:

Risk Level	Action
Extreme	This is an unacceptable risk level The task, process or activity must not proceed.
High	<ol> <li>This is an unacceptable risk level</li> <li>The proposed activity can only proceed, provided that:</li> <li>The risk level has been reduced to as low as reasonably practicable using the hierarchy of risk controls.</li> <li>The risk controls must include those identified in legislation, Australian Standards, Codes of Practice etc.</li> <li>The risk assessment has been reviewed and approved by the Supervisor.</li> <li>A Safe Working Procedure or Work Method Statement has been prepared.</li> <li>The supervisor must review and document the effectiveness of the implemented risk controls.</li> </ol>
Moderate	<ul> <li>This is an unacceptable risk level</li> <li>The proposed activity can only proceed, provided that:</li> <li>1. The risk level has been reduced to as low as reasonably practicable using the hierarchy of risk controls.</li> <li>2. The risk assessment has been reviewed and approved by the Supervisor.</li> <li>3. A Safe Working Procedure or Work Method Statement has been prepared.</li> </ul>
Low	The proposed task or process needs to be managed by documented routine procedures, which must include application of the hierarchy of controls.

High risk jobs should only be carried out when appropriate action has been taken to reduce the risk involved and clear guidelines and approvals are in place to ensure it can be attempted safely.

## **Consult and Report**

Before you start any work, check for documentation, workplace procedures or workplace policies that explain how to eliminate or control the hazard.

Talk to others, your manager, supervisor, team leader or health and safety representative to find out if the hazard has been addressed before, and what techniques are available to you to resolve it.

If there are no existing guidelines for controlling a specific hazard, you will need to investigate options to manage it.

#### **Control Hazards**

Controlling a hazard can be achieved by a whole range of possible solutions. You will need to work out which is the best option for the situation.

The Hierarchy of Hazard Control is the name for a range of control methods used to eliminate or control hazards and risks in the workplace.



The Hierarchy has 6 levels shown here from most effective to least effective:

Hie	erarchy Level	Action
1.	Elimination	This is the best kind of hazard control. Eliminating or removing the hazard completely removes any risk connected to it.
1.		An example of eliminating a hazard would be removing dangerous materials from the site, or repairing defective equipment.
2	Substitution	This is where you swap a dangerous work method or situation for one that is less dangerous.
2.	Substitution	For example using a group of people to move an item instead of trying to move it on your own (where the item cannot be broken down into smaller loads).
		This is where you isolate the hazard.
3.	Isolation	This might mean fencing off an area or restricting access to the hazard in some other way.
4.	Engineering	This is where you use an engineering or mechanical method of doing the job.
7.	Controls	Examples would be using a piece of equipment to move a load instead of moving it by hand, or installing ventilation.
5.	Administrative	This is where site rules and policies attempt to control a hazard.
<b>J.</b>	Controls	It can include working in teams, setting specific break times and frequent rotations for repetitive work or using signage to warn of hazards.
6.	Personal Protective	This is your last line of defence and should be used with other hazard control methods.
	Equipment (PPE)	PPE includes any safety equipment or safety clothing worn on your body. Workplaces often have mandatory PPE requirements for the site.

It is important to consider all of the options available when deciding on the best course of action. Not all options are available, realistic or possible under some circumstances.

You may need to use a range of risk controls to reduce the risk level to an acceptable level.

## **Complete Practical activity 1**

## **Personal Protective Equipment**

Personal Protective Equipment (PPE) is clothing and equipment designed to lower the chance of you being hurt on the job. It is required to enter most work sites.

Each workplace and job requires different PPE. These items are often a mandatory requirement of entering work areas.

Depending on workplace requirements, environmental factors, and requirements of the job to be done, you may have to wear any of the following:

- Eye protection (e.g. goggles). Trainer will demonstrate use
- Headwear (e.g. hard hat). Trainer will demonstrate use
- Hearing protection (e.g. muffs) Trainer will demonstrate use
- High-visibility vest, shirt or jacket. Trainer will demonstrate use
- Hand protection (e.g. gloves).
- Protective, well-fitting clothing.
- Respiratory protection (e.g. ½ or full mask respirator)
- Safety footwear (e.g. boots).
- UV-protective clothing and sunscreen.
- Harness

Make sure any PPE you are wearing is in good condition, fits well and is right for the job.

If you find any PPE that is not in good condition, tag it and remove it from service. Tell your supervisor about the problem and they will organise to repair or replace the PPE.

If you are not familiar with an item of PPE, ask a competent person to show you how to use it.

## **Complete Practical activity 2**





## **Review Effectiveness of Controls**

Once all controls are in place, each member of the team working in the area should evaluate and review the risk level and the effectiveness of the hazard controls.

The acceptable level of risk is determined by an organisation's policy, goals and objectives towards safety.

Reviewing their effectiveness includes checking that controls are in place and operational in accordance with standard procedure.



- Does the applied control effectively manage or control the hazard?
- Will this control keep me and other workers in the area safe?
- Is the control a temporary measure?
- Can more be done to control the hazard?
- What level of risk is still applicable to this hazard after the control is in place?

Talk to your supervisor or OHS representative if you are not sure whether or not the risk has been reduced enough to carry out the work.

You must ensure all controls are reviewed regularly as working conditions can change often.

If you determine the risk to be at an unacceptable level, the work must not be carried out until an authorised person can review the situation.



## **Identify Health and Safety Communications and Reporting Process**

## **WHS documents**

- Site Safety Inspection Reports
- Risk Assessment Reports
- Job Safety Analysis
- Safe Work Method Statement (SWMS)
- Incident and Accident Report
- Safety Data Sheet (SDS)

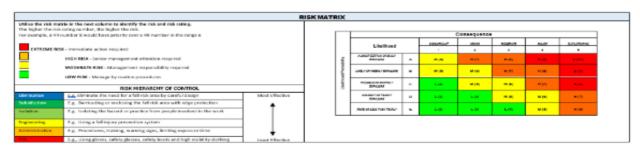
## **Site Safety Inspection Reports**

In Victoria, site safety inspection reports are crucial for identifying and addressing potential hazards in the workplace, ensuring compliance with safety regulations, and promoting a safe working environment. These reports are typically generated following a thorough site inspection, which involves assessing the work environment, equipment, work processes, and how workers interact with these elements.



## **Risk Assessment Form**

In Victoria, a risk assessment form is a document used to systematically identify, analyze, and evaluate potential hazards and risks in a workplace or situation, particularly in the context of occupational health and safety. These forms help determine the likelihood and severity of potential harm



Activity	Possible Hazards	Initial Risk Score Risk before controls	Control Measures Control ressures have been identified using the iferanthy of Control Elimination Substitution Engineering Admin> FPE	Residual Risk Score Risk after controls	Control Responsibility

## Job Safety Analysis Worksheet (JSA) Source - Worksafe Victoria

A Job Safety Analysis is a task specific document listing the steps, hazards and risks, and risk control measures involved in performing the job. It includes information on how to reduce the risk involved in completing the work, and similar to a SWMS

	Job safety analysis	3				Wor	Sare
	ur hire providers can use this template to r hire worker will perform.	assess the risk	of injury and illness at the ho	stworkplace.A)	ob safety analysis (JSA) should b	e completed for each	job the
nust,	abour hire provider should be qualified to so far as is reasonably practicable, cons Act). They must also consult with all em	sult, co-operate	and co-ordinate activities wh	here they have a	shared duty under the Occupatio	nal Health and Safety	
ore	ach task listed in the table below, the lab nd Occupational Health and Safety Regi	our hire provider	or host employer shouldref	er to the relevant	WorkSafe guidance, along with t		ar the OHS
-lost	employer						
-lost	omployer representative		TR	lo			
.abo	ur hire worker's job title		Lo	cation of the job			
)cer	ription of job						
AUSC	-postioi job						
lomp	oleted by	Tittl	0		Date of inspection		
_							
No.	Task type	Task details	Briefly describe how and	Those	Briefly describe actions to	Person responsible	Date
		Task details	Briefly describe how and when injuries could occur	Those consulted	Briefly describe actions to prevent the likelihood of injury	Person responsible for actions	
	Hazardous manual handling List tasks involving:	Task details					
	Hazardous manual handling List tasks involving: • repeated, sustained or high force	Task details					
	Hazardous manual handling List tasks involving:	Task details					
No.	Hazardous manual handling List tasks involving repeated, sustained or high force sustained awkward postures repetitive movements exposure to sustained vibration	Task details					
	Hazardous manual handling List tasks involving repeated, sustained or high force sustained awkward postures repetitive movements	Task details					
	Hazardous manual handling List tasks involving repeated, sustained or high force sustained awkward postures repetitive movements exposure to sustained vibration handling people or animals handling loads that are unstable, unbalanced or hard to hold	Task details					
	Hazardous manual handling List tasks involving - repeated, sustained or high force - sustained awkward postures - repetitive movements - exposure to sustained vibration - handling people or animals - handling loads that are unstable,	Task details					
t	Hazardous manual handling List tasks involving:  • sepeated, sustained or high force  • sustained awkward postures  • sepatitive movements  • exposure to sustained vibration  • handling people or animals  • handling loads that are unstable, unbalanced or hard to hold  WorkSafe guidance: Compliance code: Hazardous Manual Handling  Slips, trips and falls	Task details					
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## **Safe Work Method Statement (SWMS)**

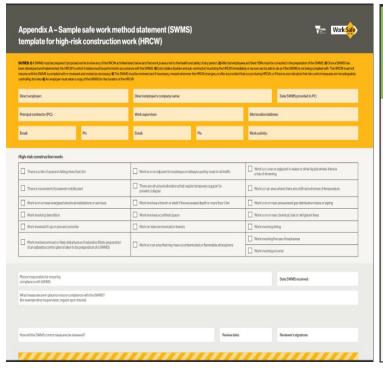


A Safe Work Method Statement is a site-specific statement that must be prepared before any high-risk construction work is commenced. It covers the job and safety responsibilities of each member of a work group.

A SWMS is a safety planning tool that identifies hazards and risks in High Risk Construction Work (HRCW) and documents the control measures necessary to manage those risks. The SWMS should describe to workers in clear terms how risks from the work will be effectively controlled to enable the work to be carried out safely.

Workers should be involved in discussions of tasks, associated hazards, risks and controls.

Safe Work Method Statement - Source - Worksafe Victoria





## **Incident and Accident Reports**

Incident and accident reports must be completed immediately in the event of any incident.

Use as much detail as possible when filling out these forms as it may have a bearing on an outcome of workers compensation and safety improvements in the workplace.

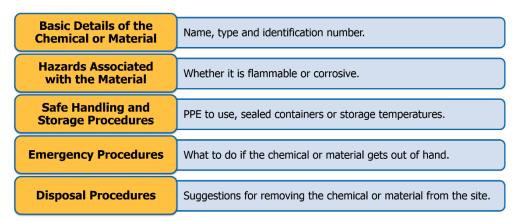
## **Incident Report Form - Source-Safework Victoria**

		Step 2 of 5		Who saw the incident?			
Incident notification form	Work Safe			If relevant, add the name and contact details of anyone who s	saw what happened, or were first to the scene.		
		Incident details		Witness 1			
Under OHS laws, employers are required to notify WorkSale about workplace.		Tell us when and where the incident took place.		Given name			
		When did the incident occur?					
rious injuries		Incident date	Incident time	Family name			
alth and safety incidents.							
		Where did the incident occur? Tick location.		Telephone number			
ortant		Select between site of equipment for prescribed ac	suicepant incidents				
all WorkSale Advisory on 1800 136 089 to get your Incider rite or enter this number below and quote when contactin	nt notification ID.	You can find a list of prescribed equipment under a	Schedule Tof the Foundent (Public Safety) Regulations 2017:				
ite or enter this number below and quote when contactin	ig WorkSafe Advisory in the future.	legislation.vic.gov.au/in-force/statutory-rules/e	quipment-public-safety-regulations-2017/	Contact email (optional)			
ident notification ID:		At a workplace					
Complete this form within 48 hours of becoming aware of the incident.		Set-up site of equipment		Witness 2			
Complete this form within 48 hours of becoming aware of the incident.     Do not disturb the site until either:				Given name	Given name		
a Work Sale inspector arrives		Incident address					
lorkSafe tells you that you can disturb the site.				Family name			
steps				101191010			
		Step 3 of 5		Telephone number			
plete this form, you'll need details of:		Incident description		Telephone number			
cident		Tell us what happened. Include personal details for	on neople who saw the incident banners				
injuries or fatelities that may have occurred		Write a brief description of the incident.	a reproductive and a second address.	Contact email (optional)			
personal and contact information of anyone involved an Australian Business Number (ABN) or Australian Company Number (ACN) for your business.		Inch pla any activity undertaken at the time of the i	ncident. Let us know of any plant, substance or equipment involved.				
strallan Business Number (ABN) or Australian Compan	ly Number (ACN) for your business.	and the second of the second o	and the section for the gradient of the section of	Witness 3			
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		How are you now preventing these incidents? (C	Optional)				
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f employer/self-employed person/person in charge of a	equipment			Given name			
and the state of the second state of the secon							
the ABN (11 digits) or ACN (9 digits) for your business?				Family name			
on find them on the Australian Business Register if neede	nd abribusiness.gov.au			Telephone number			
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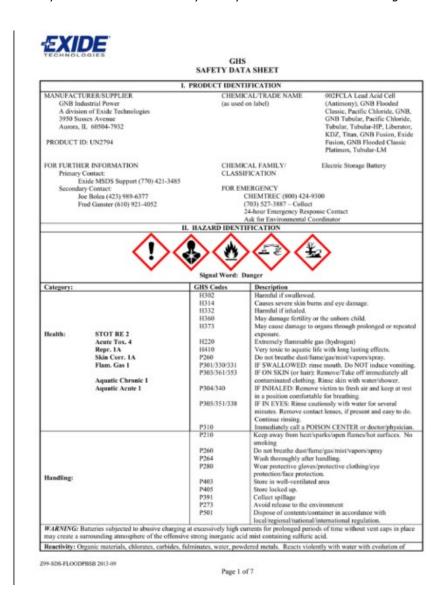
## Safety Data Sheet (SDS)

A Safety Data Sheet is a detailed document outlining health and safety information including the risks and hazards associated with handling chemicals and other materials.

The SDS will contain details that can help you to identify:



It will be issued by the manufacturer and may or may not include material handling methods.



## **WHS Personnel**

There are a number of different people that you can talk to about various WHS issues:



- **Your supervisor** can provide you with guidance on where to access information relevant to your job (instructions) and can explain the safety procedures and requirements relevant to your role. They are experienced persons who have work extensively in the field. Supervisors will observe all workers to ensure they are all following WHS policies and procedures.
- Your HSR (health and safety representative) An employee duly elected to represent the workgroup, worksite, and you as a worker in matters of health and safety. Your OHS representative is there to facilitate OHS consultation, give information on OHS, raise your views, interests and concerns to a OHS committee.

  Note: They are elected by the employees, not appointed by the employer.
- **OHS committee** is a group of people on a worksite or in your company who offer strategic direction and resolve OHS matters in the workplace. They are responsible for looking at safety issues and suggesting ways of improving work practises, use of equipment, communication, and training of staff.
- **First aid officers** are authorised and qualified members of the team who are responsible for administering first aid in the workplace. They must be trained and appointed.

## **Common Workplace Signage**

Another important safeguard method is the use of appropriate signage within and around the worksite. Signs have different colours, which represent instructions.

DANGER 11,000 VOLTS	FLAMMABLE MATERIAL	EMERGENCY ASSEMBLY POINT	HARD HAT AREA
Danger/Do not	Warning Signs	Emergency Sign	Regulatory – Mandatory
Signs	They are YELLOW	They are GREEN	They are BLUE
They are RED	Purpose: Warn of a	Purpose: Show	Purpose: Must do/comply
Purpose: Warn of a	particular hazard or	emergency	in the interests of safety.
particular hazardous	hazardous condition	information like Fire	-
condition that is life-	that is not life-	exit, Emergency	
threatening.	threatening.	facilities and First	
		Aid	











#### **Prohibition Sign**

Red circle and cross bar over a black pictogram and black wording.

#### **Purpose:**

Activities/conditions that are forbidden (ie. No Entry)

## Fire signs

They are made up of a red solid rectangle with white pictogram/text.

Purpose: Fire

extinguisher/blanket/ho se reel, Fire alarm.

## Limitation Restriction

Red circle border (no crossbar) around black pictogram and black wording **Purpose:** Limitation or restriction on

activity/condition.

#### Safety and lockout tags

Placed on things to notify others. Reasons could be faulty equipment, isolation of equipment, notify of a danger.

## **Danger and Isolation**

**Tags** can only be removed by the person that places the tag

Out of service tags can be removed by a competent person after it has been fixed

Site Safety, Directional, Traffic and Warning Signs and Symbols.



















































## Reporting All Hazards, Incidents and Injuries



Depending on the nature and severity of the situation you may need to report to:

- Your supervisor.
- Emergency services (e.g. police, ambulance, fire brigade and emergency rescue).
- OHS regulatory authority (e.g. WorkSafe, WorkCover, Safework).

All reports should be made in writing, verbally (face to face/phone) or using a relevant form. Ask your HSR representative or supervisor at the site office for the relevant forms and procedures for reporting hazards, incidents and injuries.

Incident report forms are available for recording the details of incidents in the workplace.

See above for a copy of a Workplace Incident Record.

# **Identify incident and emergency response procedures**

## **Workplace Emergencies**

Construction site emergencies may include:

- Fire.
- Gas leak.
- Toxic and/or flammable vapour emission.
- Vehicle/machine accident.
- Chemical spill.
- Injury to personnel.
- Structural collapse.

Dial '000' if there is an emergency.





## **Emergency Response**

In the case of an emergency:

- **1** Remain calm.
- 2 Raise the alarm with WHS personnel, your supervisor and/or first aid officer.
- **3** Get help from emergency services (Dial 000).
- Evacuate if necessary (refer to site emergency plans).

## **Workplace Incidents**

#### **An Incident**

#### An incident is defined as:

An accident resulting in personal/serious injury, death, or damage to property or, a near miss or dangerous occurrence which does not cause injury but may pose an immediate and significant risk to persons or property, and needs to be reported so that action can be taken to prevent recurrence.

#### **Near misses**

"Near misses" can be defined as close calls that have the potential for property loss or injury.

A near miss will prevent a task from being completed as planned. Most accidents can be predicted by close calls. These are accidents that have almost happened or possibly did happen but simply didn't result in an injury this time around. Here are some examples of near misses in the workplace:

- An employee trips over an extension cord that lies across the floor but avoids a fall by grabbing the corner of the desk.
- An outward-opening door nearly hits a worker who jumps back just in time to avoid a mishap.
- Instead of using a ladder, an employee puts a box on top of a drum, loses balance and stumbles to the ground. Although the employer is shaken, there is no injury.

Near misses should be recorded and reported even though no injury may have been sustained to improve work practices.

## **Examples of incidents**

Examples of incidents could include:

- Breathing apparatus malfunctioning to the extent that the user's health is in danger.
- Collapse of the floor, wall or ceiling of a building being used as a workplace.
- Collapse or failure of an excavation more than 1.5 metres deep (including any shoring).
- Collapse or partial collapse of a building or structure.
- Collapse, overturning or failure of the load bearing of any scaffolding, lift, crane, hoist or mine-winding equipment.
- Damage to or malfunction of any other major plant.
- Electric shock.
- Electrical short circuit, malfunction or explosion.
- Uncontrolled explosion, fire or escape of gas, hazardous substance or steam.
- Any other unintended or uncontrolled incident or event arising from operations carried on at a workplace.

All incidents **MUST** be reported!







## **First Aid Response**



During and after a workplace emergency, first aid may need to be administered to individuals who have been affected.

First aid should only be provided by a trained and authorised person. Each work site will have first aid officers who will need to be informed of any injury that requires first aid care. Workers must know how to contact a first aider and access a first aid kit.

It is important that you know how to respond to any first aid situation. If you do not have first aid training, you can still assist by carrying out the following procedures:

- **1. Checking the immediate area for any danger** before approaching any injured person check the area to make sure you are not putting yourself in any danger.
- **2.** Checking the response of the person are they conscious or unconscious? Are they burned, bleeding or suffering some other kind of immediately identifiable injury?
- **3. Sending for help** this should be done as soon as possible. Get in contact with the site first aid officer or if need be, call 000 and request an ambulance.



When speaking on the phone, try your best to maintain your composure, speak clearly to the telephone operator and try to answer all the questions as best you can.



There are situations where it may be necessary to request the use of a bystander's mobile phone to make the emergency call.

When calling emergency services (Dial 000) let the operator know the following details:

- **1.** Where the emergency is.
- 2. Details of exactly what happened.
- 3. Details of any injuries.
- **4.** Any action that has been taken so far.
- **5.** Your name.
- **6.** Details of any other parties that have been contacted.

Do not hang up the phone until you have been given instructions on how to proceed.

## **Fire Safety Equipment**

There are 6 common causes of fires in the workplace. They are; chemical, electrical, started by explosion, started by friction, caused by flammable materials, or caused by mechanical/welding.

The fire safety equipment that is commonly available on construction worksites may include the following:

#### **Breathing Apparatus**

A self-contained breathing apparatus (SCBA) is a device worn by rescue workers, fire fighters, and others to provide breathable air in situations with an immediate danger to life and health.



#### **Fire Blanket**

Fire blankets are used for small fires to smother them. Fire blankets are ideal for settings where small Class F fires are a risk such as in kitchens or wherever oils or fats are exposed to potential ignition.

They can also be used if a person's clothing has caught fire.



#### **Fire Extinguisher**

Portable fire extinguishers can save lives and property by putting out or containing fires within the capability of the extinguisher.

However, they must be of the correct type for the particular fire, and they must be used correctly.



#### **Fire Hose Reel**

Fire hose reels provide a reasonably accessible and controlled supply of water to combat a potential Class A fire risk.

All fire hose reels must comply with Australian Standard AS/NZS1221.



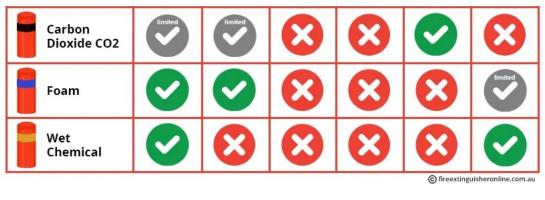
#### The classes of fire

There are six classes of fire: Class A, Class B, Class C, Class D, Class E, and Class F.

An easy way to determine which fire extinguisher to use is by the different coloured bands on the top of each cylinder. This coloured band tells us what type of fire extinguisher it is therefore allowing us to recognise which fire to use it for. If you can not remember the band on the extinguisher you can refer to the green images on the extinguisher or refer to the plate above where the extinguisher is hanging.

Important: It is essential you identify the type/class of fire before extinguishing the fire. When you identify the type of fire you can get the correct fire extinguishing agent for the fire.





	Class A	Class B	Class C	Class D	Class E	Class F
	Flammable	Flammable	Flammable	Flammable	Electrical	Cooking Fats
	Materials	Liquids	Gases	Metals	Equipment	and Oils
	(eg: paper	(eg: paint	(eg: butane	(eg: lithium	(eg: computers	(eg: fryers
	& wood)	& petrol)	& methane)	& potassium)	& generators)	& chip pans)
F 500 suitable for Lithium-lon battery fires	<b>O</b>	limited not rated	8	8	8	limited not rated

This diagram has been used from <a href="https://www.fireextinguisheronline.com.au/blog/post/types-of-fire-extinguisher-in-australia-all-you-need-to-know">https://www.fireextinguisheronline.com.au/blog/post/types-of-fire-extinguisher-in-australia-all-you-need-to-know</a>